

National CC Relays 23rd October 2010 - Senior Female Results

	Stage 1		Stage 2		Stage 3	
1 Dundee Hawkhill "A"	Sarah Kelly (J)	7 15:56	Eilish McColgan (J)	3 15:14	Lilly Partridge (J)	1 14:37
2 Kilbarchan AAC "A"	Natalie Sharp (J)	10 16:09	Christina Rankin	5 15:33	Elsbeth Curran	2 14:22
3 Fife AC "A"	Megan Crawford	1 15:22	Hester Dix	1 15:09	Helen Sharpe	3 15:45
4 Edinburgh AC "A"	Sarah Hood	2 15:27	Laura Dunn	2 15:32	Jennifer MacLean	4 15:22
5 Lothian RC "A"	Mhairi Inglis (J)	13 16:22	Edel Mooney	4 15:13	Sarah Inglis (J)	5 15:11
6 Springburn Harriers "A"	Fiona Gentles	4 15:39	Michelle Sandison	6 16:24	Danielle Brown	6 15:07
7 Hunters Bog T "A"	Kate Jenkins	14 16:23	Megan Wright	8 15:55	Rosie Smith	7 14:54
8 Central AC "A"	Alison Docherty	20 16:30	Lyndsay Morrison	9 15:58	Fiona Thompson	8 15:44
9 Hunters Bog T "B"	Eilish McKechnie	18 16:30	Isobel Knox	10 16:01	Claire Gordon	9 16:36
10 Garscube H "A"	Kirsty Husband	8 16:02	Lesley Chisholm	7 16:14	Charlotte Wilson	10 17:00
11 Dumfries RC "A"	Lisa Finlay	19 16:30	Joasia Zakrzewski	15 16:57	Mhairi Duff	11 15:53
12 Kilbarchan AAC "B"	Cara Sloss	11 16:10	Nynke Mulholland (J)	11 16:50	Leanne Hamilton	12 16:33
13 Edinburgh AC "B"	Katja Eravisto	22 16:40	Victoria Lomax	16 16:48	Joanne Thom	13 16:42
14 V P Glasgow "A"	Josephine Moultrie (J)	6 15:53	Claire Thompson	19 18:06	Claire McCracken	14 16:19
15 Aberdeen AAC "A"	Gemma Cormack (J)	5 15:42	Laura Mahady	20 18:23	Bezunesh Deggefa	15 16:35
16 Edinburgh Uni "A"	Rebecca Hannah (J)	23 16:45	Stephanie Davis	12 16:18	Sarah Louise Johnson	16 17:47
17 Giffnock North "A"	Ruth Joss	9 16:04	Mary McCutcheon	17 17:34	Jill Smylie	17 17:52
18 Edinburgh AC "C"	Lyndsey Fraser	37 18:03	Lauren Stoddart (J)	27 17:09	Nathalie Christie	18 16:28
19 Dundee Hawkhill "B"	Laura Muir (J)	16 16:25	Laura Brown	13 16:43	Kirsty Scott	19 18:45
20 Fife AC "B"	Jenny Tan (J)	25 17:00	Alison McGill	23 17:45	Angela Howe	20 17:13
21 Edinburgh Uni "B"	Frances Cummins	29 17:18	Emma Baxter (J)	26 17:48	Heidi Nicholson	21 17:22
22 Corstorphine AAC "A"	Jo Kirby	26 17:04	Megan Smith	24 17:45	Corrie Roberts	22 18:32
23 Garscube H "B"	Carole Setchell	27 17:10	Laura Devine	22 17:32	Ailsa Currie	23 18:40
24 V P Glasgow "B"	Sarah Potter (J)	36 18:00	Jacqueline Thomson	28 17:20	Kirsty Baird	24 18:18
25 Central AC "C" (V)	Jane Waterhouse	41 18:16	Fiona Kelsall	31 18:10	Hazel Dean	25 17:12
26 Kilmarnock H "A"	Kara Tait	15 16:25	Paula Wilson	21 17:54	Elizabeth McDerment	26 19:39
27 Edinburgh Uni "C"	Pamela Morris	39 18:08	Siobhan Prise	29 17:49	Rachel Armitage (J)	27 18:16
28 Gala Harriers "A"	Fiona Dalgleish	35 17:55	Rachel Fagan	25 17:05	Fiona Shepherd	28 19:29

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29 Central AC "B"	Karen Montador	21	Claire Houston	18	Dawn Kerr (J)	29
	16:37	16:37	33:55	17:18	55:01	21:06
30 Fife AC "C"	Amie McKimmie	24	Susan Thomson	30	Lorna Sibbett	30
	16:50	16:50	36:24	19:34	55:08	18:44
31 Helensburgh AAC "A" (V)	Michelle Hetherington	31	Maria Dye	32	Erica Cromar	31
	17:25	17:25	36:31	19:06	55:50	19:19
32 Giffnock North "B"	Jacqueline Cowan	50	Sheila Lewis	42	Yvonne Hamilton	32
	18:59	18:59	38:21	19:22	56:35	18:14
33 Bellahouston H "A" (V)	Bernadette O'Neil	44	Erica Christie	35	Yvonne Winchester	33
	18:27	18:27	37:06	18:39	56:41	19:35
34 Calderglen H "A"	Joanne McEvoy	43	Mary Goldsmith	40	Frances Maxwell	34
	18:21	18:21	38:09	19:48	56:49	18:40
35 Garscube H "C"	Marian Kelly	45	Jill O'Neil	39	Heather McIntosh	35
	18:34	18:34	37:40	19:06	56:53	19:13
36 Carnegie H "A" (V)	Fabienne Thompson	34	Linda James	36	Morna Fleming	36
	17:37	17:37	37:08	19:31	57:10	20:02
37 Bellahouston RR "B"	Elsie Downham	47	Jane Galt	46	Louise Ross	37
	18:43	18:43	39:19	20:36	58:02	18:43
38 Fife AC "D"	Fiona Bracegirdle (J)	28	Margaret McLaren	33	Sandra Aitken	38
	17:12	17:12	36:36	19:24	58:03	21:27
39 Bellahouston RR "A" (V)	Shona Donnelly	38	Jane Wild	41	Julia Harris	39
	18:06	18:06	38:18	20:12	58:11	19:53
40 Westerlands CCC "A"	Ellen Homewood	30	Ana Talbot	45	Catriona Miller	40
	17:21	17:21	39:09	21:48	58:24	19:15
41 Springburn Harriers "B"	Marlene Hunter	46	Caroline Brownlie	54	Clare Gemmell	41
	18:42	18:42	41:04	22:22	58:55	17:51
42 Lothian RC "B"	Jocelyn Moar	32	Saran Jones	34	Alison McQuillen	42
	17:29	17:29	36:54	19:25	59:00	22:06
43 Falkirk Victoria H "A"	Fiona Matheson	3	Nicola Flynn	37	Elaine Thomson	43
	15:39	15:39	37:17	21:38	59:00	21:43
44 Motherwell AC "A" (V)	Clare Barr	49	Elaine Jamieson	43	Phyllis Hands	44
	18:50	18:50	39:02	20:12	59:46	20:44
45 Wee County H "A"	Jessica Neal	62	Caroline Strain	58	Beryl Junnier	45
	20:50	20:50	41:47	20:57	1:00:06	18:19
46 Garscube H "D"	Emma Ralston	57	Anna Walker	49	Debbie Martin-Consani	46
	20:09	20:09	40:26	20:17	1:00:49	20:23
47 Corstorphine AAC "B"	Kerry Porter	42	Jillian Hogg	52	Susan Johnston	47
	18:19	18:19	40:46	22:27	1:01:29	20:43
48 Kirkintilloch Oly "A"	Hannah Terrance (J)	40	Vivien Fraser	44	Shirley MacNab	48
	18:11	18:11	39:08	20:57	1:01:37	22:29
49 Greenock Glenpark "B" (V)	Heather Kangley	61	Elizabeth Forbes	56	Silke Loehndorf	49
	20:42	20:42	41:13	20:31	1:02:17	21:04
50 Greenock Glenpark "A" (V)	Theresa Wall	54	Susan Clark	51	Fiona Cushnaghan	50
	19:54	19:54	40:33	20:39	1:02:28	21:55
51 Law & District "A"	Nicola Lindsay (J)	33	Alison Cameron	47	Pamela O'Connor	51
	17:30	17:30	39:32	22:02	1:02:37	23:05
52 Helensburgh AAC "B"	Sarah Walker	51	Jan Fellowes	48	Tina Munro	52
	19:01	19:01	40:16	21:15	1:02:43	22:27
53 Ferranti AAC "A" (V)	Elizabeth Gilchrist	59	Siobhan Sellar	62	Claire Gilchrist	53
	20:20	20:20	44:01	23:41	1:03:00	18:59
54 Stirling Univ AC "A"	Ann-Marie Parry	63	Carissa Samways	60	Robyn McDowall	54
	21:37	21:37	42:12	20:35	1:03:33	21:21
55 Bellahouston H "B"	Kristina Greig	52	Angela Campbell (J)	55	Suzanne Boyle	55
	19:40	19:40	41:10	21:30	1:03:53	22:43
56 Dumfries RC "B" (V)	Maureen Dickson	60	Paula Neill	59	Dawn McDonald	56
	20:22	20:22	41:58	21:36	1:04:25	22:27

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57 Hunters Bog T "C"	Sandra Rathjen	55	Carrie Craig	61	Rose Nicholson	57
	19:54	19:54	43:16	23:22	1:07:45	24:29
58 Penicuik Harriers "A"	Louyse McConnell-Trevillion	74	Kirsty Loudon	67	Rachael Campbell	58
	24:52	24:52	48:10	23:18	1:10:11	22:01
Inverclyde AC "A"	Emma Rice (J)	12	Rhona Bushfield	14		
	16:15	16:15	33:13	16:58		
Motherwell AC "B"	Jill E Logan	48	Clare Hughes	38		
	18:44	18:44	37:35	18:51		
Westerlands CCC "B"	Pauline McAdam	53	Muffy Calder	50		
	19:48	19:48	40:30	20:42		
Springburn Harriers "C"	Barbara Knox	56	Lesley Stickle	53		
	19:57	19:57	40:51	20:54		
Edinburgh Uni "D"	Katie Pollock (J)	64	Kirsten Hogg	57		
	21:52	21:52	41:45	19:53		
St Andrews Uni "A"	Catherine Jeffrey	67	Rhiannon Dougall	63		
	22:39	22:39	45:45	23:06		
Calderglen H "B"	Kirsty Findlater	66	Laura McConnel	64		
	22:36	22:36	45:49	23:13		
Teviotdale Harriers "A" (V)	Donna Inglis	71	Sylvia Grieve	65		
	23:04	23:04	47:07	24:03		
Greenock Glenpark "C"	Yvonne Prager	69	Janet Henderson	66		
	22:52	22:52	47:32	24:40		
Ayr Seaforth "A"	Louise Hill-Stirling (J)	17				
	16:30	16:30				
V P Glasgow "C"	Christine Catterson	58				
	20:13	20:13				
Carnegie H "B"	Gillian McCracken	65				
	22:07	22:07				
Bellahouston H "C"	Connie Hydes	68				
	22:46	22:46				
Dumfries RC "C" (V)	Audrey Brown	70				
	23:00	23:00				
Inverclyde AC "B"	Emma Fulton (J)	72				
	23:06	23:06				
Springburn Harriers "D"	Lorraine Gray	73				
	23:47	23:47				

Fastest Laps

1	Elsbeth Curran - Kilbarchan AAC "A"	14:22
2	Lilly Partridge (J) - Dundee Hawkhill "A"	14:37
3	Rosie Smith - Hunters Bog T "A"	14:54
4	Danielle Brown - Springburn Harriers "A"	15:07
5	Hester Dix - Fife AC "A"	15:09
6	Sarah Inglis (J) - Lothian RC "A"	15:11
7	Edel Mooney - Lothian RC "A"	15:13
8	Eilish McColgan (J) - Dundee Hawkhill "A"	15:14
9	Megan Crawford - Fife AC "A"	15:22
10	Jennifer MacLean - Edinburgh AC "A"	15:22
11	Sarah Hood - Edinburgh AC "A"	15:27
12	Laura Dunn - Edinburgh AC "A"	15:32

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	Stage 1		Stage 2		Stage 3		Stage 4	
1 Inverclyde AC "A"	Andrew Douglas	2 12:56	Mark Pollard	1 12:56 26:04	Craig Ruddy	1 12:47 38:51	Daniel Mulhare	1 12:27 51:18
2 Shettleston Harriers "A"	Amanuel Hagos	6 13:19	Matthew Gillespie (J)	2 13:19 26:07	Paul Sorrie	2 13:00 39:07	Teweldeberhan Mengisteab	2 12:38 51:45
3 Central AC "A"	Andrew Butchart (J)	4 13:10	Robert Russell	3 13:10 26:08	John Newsom	3 13:13 39:21	Ross Houston	3 13:22 52:43
4 Central AC "B"	Sean Reilly (J)	16 13:42	Alexander Hendry (J)	10 13:42 26:55	David McNamee	5 13:38 40:33	Lewis Millar	4 13:29 54:02
5 Ron Hill Cambus "A"	Stewart Orr (J)	9 13:24	Stephen Wylie	11 13:24 26:58	Robert Gilroy	6 13:40 40:38	Iain MacCorquodale	5 13:33 54:11
6 Corstorphine AAC "A"	Douglas Selman	3 13:08	Dermot Cummins	4 13:08 26:24	Christopher O'Brien	4 14:09 40:33	David Simpson	6 14:02 54:35
7 Ron Hill Cambus "B"	Jack Hamilton (J)	13 13:32	Stuart Gibson	9 13:32 26:50	Bobby Bristow (J)	10 14:08 40:58	Jamie Reid	7 13:41 54:39
8 Shettleston Harriers "B"	Michael Deason	15 13:39	Lachlan Oates (J)	12 13:39 27:25	Kerrick Hesse (J)	9 13:32 40:57	Azzidine Zourhi	8 13:52 54:49
9 Edinburgh Uni "A"	Max Ralston (J)	12 13:32	Michael Gillespie	6 13:32 26:42	Patryk Gierjatowicz	7 14:03 40:45	Hector Haines	9 14:10 54:55
10 Aberdeen AAC "A"	Mark Haskett	10 13:24	Benjamin Hukins	8 13:24 26:48	Eoin Durkon	12 14:16 41:04	James Joy (J)	10 14:08 55:12
11 Dundee Hawkhill "A"	Chris Foley	5 13:15	Graeme Oudney	16 13:15 27:57	Matthew White (J)	13 13:38 41:35	Howell Craske (J)	11 13:45 55:20
12 Inverclyde AC "B"	Christopher MacKay	1 12:43	Graeme Hyett	5 12:43 26:32	Andrew Campbell (J)	11 14:28 41:00	Sean Gaffney	12 14:25 55:25
13 V P Glasgow "A"	David Vernon (J)	8 13:23	Allan Ramsay	15 13:23 27:55	Derek Gibb	14 13:42 41:37	Sean Fontana (J)	13 13:52 55:29
14 Kilbarchan AAC "A"	Paul Leck	7 13:21	Conor McNulty	7 13:21 26:47	Stephen Fleming (J)	8 14:00 40:47	John McMillan	14 14:59 55:46
15 Edinburgh AC "B"	Neil Calder	24 14:14	Bryan Mackie	18 14:14 28:16	Owain Bristow	15 13:35 41:51	Adam Priestley	15 14:05 55:56
16 Lothian RC "A"	Alastair Robertson (J)	51 14:57	Ross Milne	26 14:57 28:51	Max McNeill (J)	20 14:14 43:05	Iain Donnan	16 12:53 55:58
17 Giffnock North "A"	David Phee	14 13:35	Greg Turner (J)	17 13:35 28:10	Martin Fishwick (J)	18 14:08 42:18	Luke Traynor (J)	17 13:47 56:05
18 Bellahouston RR "A"	Peter Devenport	11 13:29	Matthew Williamson	13 13:29 27:47	Mark Johnston	16 15:04 42:51	Kenny Richmond	18 13:52 56:43
19 Central AC "C"	David Hutchison (J)	21 14:13	Alasdair Anthony	14 14:13 27:49	Michael Wright	17 14:22 42:11	Craig Neal	19 14:58 57:09
20 Kilbarchan AAC "D"	Graham Evans (J)	18 14:01	Gary Rankin (J)	20 14:01 28:21	Scott MacAulay (J)	19 14:08 42:29	Thomas McDonald (J)	20 14:52 57:21
21 Greenock Glenpark "A"	Andrew McCall	33 14:31	Stephen Trainer	22 14:31 28:36	Michael Mcloone Snr	23 14:52 43:28	David Henderson	21 14:42 58:10
22 Corstorphine AAC "B"	Scott Pilkington	38 14:39	Steven O'Brien	25 14:39 28:49	Tom Ferrington	24 15:15 44:04	Bryan Clark	22 14:13 58:17
23 Shettleston Harriers "C"	Adam Drummond (J)	37 14:35	Matthew Turner	19 14:35 28:18	Gary Turner (J)	22 15:09 43:27	Marc McColl	23 14:51 58:18
24 Ron Hill Cambus "C"	Alistair Campbell	56 15:07	Chris Wilson	23 15:07 28:38	David Munro	21 14:33 43:11	Brian Campbell	24 15:47 58:58
25 Kirkintilloch Oly "A"	Kevin Cornes	45 14:51	Paul O'Connor	32 14:51 29:26	Adam Peters	29 15:23 44:49	David Gardiner	25 14:17 59:06
26 Bellahouston RR "B"	Ciaran Dougherty	23 14:13	Bruce Carse	35 14:13 29:31	Craig Ross	27 14:56 44:27	Nick Reid	26 14:49 59:16
27 Edinburgh AC "C"	Tom Ryan (J)	29 14:25	Paul Brennan	28 14:25 29:04	Dermot Bailie	26 15:19 44:23	Adam Jack (J)	27 15:00 59:23
28 Shettleston Harriers "E" (V)	Ian Johnston	27 14:20	William Coyle	24 14:20 28:47	John Oates	28 15:56 44:43	Denis Williams	28 15:19 1:00:02
29 Lasswade AAC "A"	Barney Phillips	49 14:54	Colin Menzies	57 14:54 30:53	Ben Mitchell	51 15:32 46:25	Ross Finlayson	29 14:00 1:00:25
30 Dundee Hawkhill "B"	Gordon Barrie	46 14:51	Antony Robinson	48 14:51 30:30	Matthew Strachan	40 15:17 45:47	Neil Gunstone	30 14:42 1:00:29
31 Garscube H "B"	Joe McKnight	17 14:00	Benjamin Melby	37 14:00 29:35	Euan Geddes	33 15:42 45:17	Marco Consani	31 15:17 1:00:34
32 Corstorphine AAC "E" (V)	Grant Wilkie	34 14:31	Michael Anderson	47 14:31 30:24	Ian Johnston	32 14:50 45:14	Graeme Fletcher	32 15:27 1:00:41
33 Fife AC "B" (V)	Christopher Russell	20 14:11	Graham Kirby	29 14:11 29:10	Andrew Brierley	30 15:44 44:54	John Thomson	33 15:59 1:00:53
34 Calderglen H "A" (V)	David Watt	31 14:27	Edward Reid	61 14:27 31:01	Martin Duthie	52 15:26 46:27	Alan Derrick	34 14:36 1:01:03
35 Bellahouston H "A"	Amanuel Zerezhigi	48 14:54	Andrew Campbell	39 14:54 29:40	Tom Lauckner	31 15:32 45:12	Brian Douglas	35 15:53 1:01:05

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36 Garscube H "A" (V)	John Bell	36	Stephen Mulrine	34	Robert McLennan	34	Euan Mackay	36
	14:33	14:33	29:30	14:57	45:27	15:57	1:01:10	15:43
37 Falkirk Victoria H "A"	Alexander Davidson	28	Barry Paterson	30	John Turnbull	41	Gary Smith	37
	14:22	14:22	29:15	14:53	45:49	16:34	1:01:14	15:25
38 Westerlands CCC "A"	Chris Upson	40	Brian Bonnyman	42	Ken MacMahon	39	Scott Mitchell	38
	14:45	14:45	30:04	15:19	45:45	15:41	1:01:15	15:30
39 Kilmarnock H "A"	Ross Connelly (J)	53	Cameron Wilson	40	Grant Beattie (J)	37	Scott Martin	39
	15:07	15:07	29:49	14:42	45:42	15:53	1:01:16	15:34
40 Gala Harriers "A"	Mark Bryson	60	Graeme Murdoch	33	Paul Daly	44	Fergus Johnston	40
	15:23	15:23	29:28	14:05	45:57	16:29	1:01:26	15:29
41 Kilbarchan AAC "B" (V)	James Snodgrass	44	Robert Quinn	21	Donald Petrie	25	Donald Kennedy	41
	14:49	14:49	28:31	13:42	44:14	15:43	1:01:32	17:18
42 Aberdeen AAC "B"	Ross Fulton (J)	26	Rory Leslie (J)	27	Keith Charlton	36	David Blane	42
	14:18	14:18	29:04	14:46	45:38	16:34	1:01:45	16:07
43 Carnegie H "A" (V)	Andy Hume	55	Ian Robert Johnston	71	Ian Stewart	62	Allan Fotheringham	43
	15:07	15:07	31:41	16:34	47:06	15:25	1:01:46	14:40
44 Corstorphine AAC "C"	Moray Anderson	59	Bruce Malcolm	67	Calum McKenzie	49	Timothy Norwood	44
	15:20	15:20	31:28	16:08	46:15	14:47	1:01:47	15:32
45 Metro Aberdeen "A"	Iain Grigor	71	Forbes Reid	66	Donald Simpson	56	Neil Jaffrey	45
	15:44	15:44	31:25	15:41	46:54	15:29	1:01:49	14:55
46 Inverclyde AC "C"	Thomas Jamieson	52	Neil McLaughlin	46	Jude Boulton	38	Graeme Forbes	46
	15:01	15:01	30:19	15:18	45:43	15:24	1:01:54	16:11
47 Ron Hill Cambus "E" (V)	Greg Hastie	32	Michael O'Hagan	36	Colin Feechan	45	Francis Hurley	47
	14:29	14:29	29:34	15:05	45:57	16:23	1:01:55	15:58
48 St Andrews Uni "A"	Russell Hall	47	Andrew Smith (J)	38	Rui Principe	46	Chris Martin	48
	14:51	14:51	29:36	14:45	46:02	16:26	1:02:00	15:58
49 East Kilbride AAC "A"	John Fergusson (J)	25	Andrew Shaw (J)	41	Niall Walker	53	Jamie Clements	49
	14:17	14:17	29:57	15:40	46:43	16:46	1:02:01	15:18
50 Pitreavie AAC "A"	Jeff Farquhar	41	Jonathon Hedley	56	Neil Maclachlan	50	Barry Davie	50
	14:45	14:45	30:50	16:05	46:23	15:33	1:02:06	15:43
51 Falkirk Victoria H "B" (V)	Andrew Ronald	50	Craig Johnston	69	Anthony Devlin	55	David Hart	51
	14:57	14:57	31:35	16:38	46:53	15:18	1:02:10	15:17
52 Greenock Glenpark "B"	Alan Henderson	42	Kevin Gill	45	Steven Campbell	43	Alan O'Rourke	52
	14:48	14:48	30:13	15:25	45:55	15:42	1:02:12	16:17
53 Edinburgh Uni "B"	Jack Wood	19	Andrew Williamson (J)	63	Rory Leslie (J)	47	Ross McCall	53
	14:05	14:05	31:07	17:02	46:06	14:59	1:02:40	16:34
54 Clydesdale Harriers "A"	Peter Bowman (J)	30	Paul Carroll	43	Iain Robertson	59	Gary Dick	54
	14:25	14:25	30:08	15:43	46:59	16:51	1:02:42	15:43
55 Central AC "D"	Ian McDonald	73	David Eckersley	62	Fraser Purves	67	Will Hensman	55
	15:48	15:48	31:04	15:16	47:40	16:36	1:02:57	15:17
56 Kirkintilloch Oly "B"	Gary Mitchell	64	Colin Langan	50	Craig McIntyre (J)	60	Robert Rogerson	56
	15:32	15:32	30:37	15:05	47:02	16:25	1:03:22	16:20
57 Motherwell AC "A"	Stuart Riley	69	Christopher Macdonald	55	TBC		Nicholas Hughes	57
	15:42	15:42	30:49	15:07			1:03:35	
58 Ayr Seaforth "A"	Neil Burnside	22	Mayeul Ducrot	31	Laurence Baker	35	Tom McCulloch	58
	14:13	14:13	29:21	15:08	45:29	16:08	1:03:44	18:15
59 Giffnock North "B" (V)	Neil Deerey	80	Graeme Croll	72	George Taylor	57	Derek Breen	59
	16:04	16:04	31:45	15:41	46:54	15:09	1:03:50	16:56
60 Helensburgh AAC "A"	Iain Walker	74	Damien Theaker	70	Paul Thompson	54	Stephen Bell	60
	15:48	15:48	31:38	15:50	46:47	15:09	1:03:54	17:07
61 Bellahouston RR "C"	Russell Whittington	58	David Weatherhead	59	Grant MacDonald	65	Barry Edwards	61
	15:13	15:13	30:59	15:46	47:24	16:25	1:03:55	16:31
62 Ron Hill Cambus "D"	Stephen (jnr) Paris (J)	62	Donald Macaulay	44	Scott Hunter	48	Thomas McPake	62
	15:28	15:28	30:09	14:41	46:12	16:03	1:03:56	17:44
63 Hunters Bog T "B"	Huw Jones	39	David Fulton	60	Simon Harrison	66	Daniel Clements	63
	14:41	14:41	30:59	16:18	47:28	16:29	1:03:57	16:29
64 Springburn Harriers "A" (V)	Damian McAuley	43	Andrew Callan	52	Ross McEachern	61	John Owens	64
	14:48	14:48	30:42	15:54	47:04	16:22	1:04:04	17:00
65 Irvine AC "A"	Patrick Cullinane	35	Brian Craig	51	James Sneddon	64	Andrew Rennie	65
	14:31	14:31	30:38	16:07	47:15	16:37	1:04:10	16:55
66 V P Glasgow "B" (V)	Derek Watson Snr.	66	Gerard Craig	65	David McCormack	58	Ralph Connolly	66
	15:36	15:36	31:23	15:47	46:59	15:36	1:04:16	17:17
67 Edinburgh AC "A" (V)	David Steele	88	Garry Robertson	82	Martin Ferguson	70	Keith Lyall	67
	16:40	16:40	32:44	16:04	48:04	15:20	1:04:21	16:17
68 Dumfries RC "A" (V)	Douglas Brown	78	Graeme Cross	76	Leslie Hill	72	Paul Hart	68
	16:02	16:02	31:59	15:57	48:25	16:26	1:04:30	16:05
69 Motherwell AC "B" (V)	Alex HAY	77	John Hughes	77	Benjamin Hands	69	Brian McLinden	69
	15:52	15:52	32:21	16:29	47:46	15:25	1:05:04	17:18
70 Springburn Harriers "B"	Emilio Cosimo	79	Scott Partyka	75	Martin Coleman	68	Joseph Junior Chambers	70
	16:04	16:04	31:58	15:54	47:43	15:45	1:05:24	17:41

National CC Relays 23rd October 2010 - Senior Male Results

71 Westerlands CCC "B"	Owen O'Neill	61	John Denovan	54	Steffen Gorgas	74	Daniel Reid	71
	15:27	15:27	30:47	15:20	48:37	17:50	1:05:36	16:59
72 Bellahouston RR "D"	Robert McEwan	89	Brendan Moriarty	78	Raymond Farrell	79	Brian O'Donnell	72
	16:42	16:42	32:33	15:51	49:17	16:44	1:05:39	16:22
73 Giffnock North "C"	Gary Barnett	67	Michael Cross	49	Alistair McCallum (J)	71	Gerard McNamee	73
	15:38	15:38	30:35	14:57	48:15	17:40	1:05:51	17:36
74 Fife AC "A"	Bryce Aitken	70	Jacob Howe	64	Steven Pennycook	75	Tony Martin	74
	15:44	15:44	31:21	15:37	48:40	17:19	1:06:03	17:23
75 Bellahouston H "B"	Mark Paterson	86	George Adams	86	Brian French	81	Gary Stewart	75
	16:23	16:23	33:06	16:43	49:49	16:43	1:06:05	16:16
76 V P Glasgow "C"	Tom Ord	101	Jason Boyle	80	Kenneth Mitchell	73	Peter Ramsay	76
	17:15	17:15	32:35	15:20	48:27	15:52	1:06:11	17:44
77 Hunters Bog T "A" (V)	Colin Crabbie	75	Jon Rathjen	74	James Jarvis	63	Ian Campbell	77
	15:52	15:52	31:53	16:01	47:08	15:15	1:06:22	19:14
78 East Kilbride AAC "B" (V)	Derek Leitch	90	David J. Condra	88	William Taylor	83	Graeme Haddow	78
	16:52	16:52	33:33	16:41	50:05	16:32	1:07:11	17:06
79 Greenock Glenpark "C"	Frank McKnight	82	Michael Harrington	87	Steven Watson	85	Graham McGrattan	79
	16:09	16:09	33:31	17:22	50:34	17:03	1:08:12	17:38
80 Kilmarnock H "B"	Connell Drummond	72	Leslie McDerment	73	Murray McDonald (J)	77	Graham Cairns	80
	15:46	15:46	31:47	16:01	49:10	17:23	1:08:20	19:10
81 Inverclyde AC "D"	James Mcfadden	87	Campbell Cromar	85	Robert Shaw	84	John Smillie	81
	16:35	16:35	33:05	16:30	50:08	17:03	1:08:29	18:21
82 Edinburgh AC "D"	Stuart Johnston	63	Keith Dunlop	58	Eric Stevenson	82	Alex MacEwen	82
	15:30	15:30	30:55	15:25	49:53	18:58	1:09:02	19:09
83 Central AC "F" (V)	Hugh Buchanan	94	Stuart Watson	93	Roger Greenaway	87	Hugh Kerr	83
	17:04	17:04	34:18	17:14	51:00	16:42	1:09:04	18:04
84 Metro Aberdeen "B" (V)	Roddy McLeod	117	Peter Jennings	108	Robert Taylor	96	Clifford Leith	84
	18:32	18:32	35:51	17:19	52:23	16:32	1:09:07	16:44
85 Lothian RC "B" (V)	Scott Nelson	85	Alan McIntosh	84	Kenton Jones	78	Kenny Mearns	85
	16:16	16:16	33:05	16:49	49:17	16:12	1:09:16	19:59
86 Calderglen H "B" (V)	Jim Holmes	96	Stuart Waugh	100	Scot Hill	93	David Herbertson	86
	17:05	17:05	34:59	17:54	51:41	16:42	1:09:18	17:37
87 Carnegie H "B"	Mark Johnstone	120	Calum McGaw (J)	96	Kevin Mathie	89	Robbie McKenzie	87
	18:42	18:42	34:44	16:02	51:18	16:34	1:09:28	18:10
88 Falkirk Victoria H "C"	Stuart Douglas	103	Mark Dunnachie	103	Colin D Thomson	90	John Denholm	88
	17:24	17:24	35:16	17:52	51:23	16:07	1:09:40	18:17
89 Corstorphine AAC "D"	Christopher Peggie	83	Nicholas Brown	89	David Colman	97	David Law	89
	16:13	16:13	33:42	17:29	52:33	18:51	1:10:13	17:40
90 Motherwell AC "C"	Derek Wylie	68	Alex Barr	92	Richard Martin (J)	92	William Martin	90
	15:40	15:40	34:12	18:32	51:38	17:26	1:10:32	18:54
91 Garscube H "C"	Stephen Kilpatrick	109	John Murray	102	Ross Martin	94	Gary Goldie	91
	18:16	18:16	35:15	16:59	51:56	16:41	1:10:36	18:40
92 Teviotdale Harriers "A"	Craig Grieve	54	Alan Inglis	68	Alan Coltman	86	Iain Williams	92
	15:07	15:07	31:33	16:26	50:45	19:12	1:10:48	20:03
93 Bellahouston RR "E"	Stewart Robertson	92	Ewan McDonald	97	Gordon Clements	88	Norman Boyle	93
	16:54	16:54	34:51	17:57	51:18	16:27	1:11:14	19:56
94 Gala Harriers "B" (V)	William McCulloch	91	Thomas Knox	104	Alistair Laurie	101	Malcolm Gowans	94
	16:54	16:54	35:28	18:34	53:29	18:01	1:11:21	17:52
95 Clydesdale Harriers "B"	Pete Cartwright	112	Ryan Nelson (J)	99	Hugh Laverty	95	Robert Young	95
	18:21	18:21	34:57	16:36	52:15	17:18	1:11:34	19:19
96 Kirkintilloch Oly "C"	William Reid	102	Michael Peters	110	Christopher Craig	107	Jim McLoone	96
	17:17	17:17	36:19	19:02	54:28	18:09	1:11:43	17:15
97 Greenock Glenpark "D"	Kenneth Pryde	107	Bernie Kangley	107	Kevan McCartney	103	Stephen McDade	97
	17:43	17:43	35:49	18:06	53:42	17:53	1:11:58	18:16
98 Bellahouston H "C"	David Mooney	108	Graeme Gemmel	98	Rudiridh MacDonald	99	Derek Shand	98
	17:51	17:51	34:55	17:04	52:41	17:46	1:12:10	19:29
99 Greenock Glenpark "E" (V)	Daniel McLaughlin	81	Sam McVicar	91	Thomas Knight	113	Stephen McLoone	99
	16:07	16:07	33:54	17:47	57:24	23:30	1:14:01	16:37
100 Kilmarnock H "C" (V)	Harald Bartl	95	Ian Goudie	106	John McClarty	109	Kenneth Wales	100
	17:05	17:05	35:39	18:34	54:48	19:09	1:14:10	19:22
101 Carnegie H "C"	Malcolm Smith	111	Stephen Greer	111	Craig Lindsay	110	Neil Campbell	101
	18:19	18:19	36:29	18:10	55:04	18:35	1:14:14	19:10
102 Fife AC "C" (V)	Alan McLeod	116	David Shepherd	113	Allan Harley	104	David Smyth	102
	18:30	18:30	36:50	18:20	53:49	16:59	1:14:50	21:01
103 Calderglen H "C"	Ian Rae	104	Richard Lawton	118	David Wardrope	111	George Stewart	103
	17:30	17:30	37:32	20:02	56:45	19:13	1:15:19	18:34
104 Helensburgh AAC "B"	Andrew Stafford	128	Matthew Underwood (J)	122	Alistair Wylie	114	Cai Britton	104
	21:29	21:29	38:35	17:06	57:50	19:15	1:15:42	17:52
105 Bellahouston RR "F"	Peter Burton	115	Christopher Doak	112	Alex Lawther	106	Stephen Bell	105
	18:29	18:29	36:38	18:09	54:26	17:48	1:15:56	21:30
106 Central AC "G" (V)	Colin Sinclair	124	John Millar	125	Alan Gall	117	Cameron Campbell	106

National CC Relays 23rd October 2010 - Senior Male Results

	19:16	19:16	40:07	20:51	58:53	18:46	1:17:34	18:41
I07 Bellahouston H "D"	Thomas Keenan	125	Michael Healy	120	ian taggart	115	Darren Murray	107
	19:27	19:27	37:57	18:30	58:06	20:09	1:19:28	21:22
I08 Falkirk Victoria H "D"	Grant Matheson	123	David Bunyan	121	Willie Day	119	Alastair McCallum	108
	19:14	19:14	38:33	19:19	59:36	21:03	1:20:05	20:29
I09 Garscube H "D"	Andrew Griffiths	113	Stephen Cullen	116	Gerry Linden	121	Robbie Drummond	109
	18:25	18:25	37:23	18:58	1:04:15	26:52	1:20:44	16:29
Shettleston Harriers "D"	Kenneth McCoy	57	Andrew Duffy (J)	81	John J Duffy	76		
	15:11	15:11	32:41	17:30	48:55	16:14		
Stirling Univ AC "B"	Thomas Paskins	84	Philip Vernon	79	Kevin Schenk (J)	80		
	16:15	16:15	32:34	16:19	49:17	16:43		
St Andrews Uni "B"	Harshad Sambamurthy (J)	119	Eoin Fitzpatrick	95	Dimitri McMillen (J)	91		
	18:42	18:42	34:35	15:53	51:33	16:58		
Law & District "A"	Bobby Hill (J)	65	James MacDonald	94	Stephen Allen	98		
	15:34	15:34	34:29	18:55	52:39	18:10		
Inverclyde AC "E"	Robert Gray	99	Damien Mallet	101	David McKenzie (J)	100		
	17:10	17:10	35:03	17:53	53:01	17:58		
Central AC "E"	Sandy MacLarty (J)	105	Kenneth Hislop	117	David Lindsay	102		
	17:35	17:35	37:27	19:52	53:38	16:11		
Kilbarchan AAC "C"	Steven Hards	98	David Mewse	90	Robert Connell	105		
	17:08	17:08	33:50	16:42	54:15	20:25		
V P Glasgow "D"	Duncan Thomson	100	Peter Dawes	105	Kenneth McVey	108		
	17:14	17:14	35:33	18:19	54:31	18:58		
Springburn Harriers "C"	John Owens	93	Robert Young	114	Alan Cairns	112		
	16:54	16:54	37:04	20:10	56:57	19:53		
Ferranti AAC "A" (V)	Keith Weston	118	Grant Sellar	115	Edward McDonald	116		
	18:36	18:36	37:09	18:33	58:18	21:09		
Fife AC "E" (V)	Brian R Smith	121	Eddie Sanders	123	Andrew Barker	118		
	18:42	18:42	38:37	19:55	59:02	20:25		
Fife AC "D"	Kenneth Mcleod	126	Alastair Robertson	128	Frank McLaren	122		
	20:05	20:05	44:07	24:02	1:04:00	19:53		
Motherwell AC "A"	Stuart Riley	69	Christopher Macdonald	55				
	15:42	15:42	30:49	15:07				
Dundee Hawkhill "C"	Nigel Reynolds	97	Charles Haskett	83				
	17:07	17:07	33:03	15:56				
Gala Harriers "C"	David Hunter	110	David Nightingale	109				
	18:16	18:16	36:06	17:50				
Giffnock North "D"	David Logan	122	Stuart McBeath	119				
	19:07	19:07	37:51	18:44				
Corstorphine AAC "F"	Ewan Stark	114	David Henderson	124				
	18:28	18:28	39:04	20:36				
Clydesdale Harriers "C"	Colin Gray	129	Brian J Campbell	126				
	22:08	22:08	41:02	18:54				
Calderglen H "D"	Russell Couper	127	Chas Steven	127				
	20:54	20:54	42:08	21:14				
Wee County H "A"	Gordon McNeil	106						
	17:35	17:35						

Fastest Laps

1	Daniel Mulhare - Inverclyde AC "A"	12:27
2	Tewoldeberhan Mengisteab - Shettleston Harriers "A"	12:38
3	Christopher MacKay - Inverclyde AC "B"	12:43
4	Craig Ruddy - Inverclyde AC "A"	12:47
5	Matthew Gillespie (J) - Shettleston Harriers "A"	12:48
6	Iain Donnan - Lothian RC "A"	12:53
7	Andrew Douglas - Inverclyde AC "A"	12:56
8	Robert Russell - Central AC "A"	12:58
9	Paul Sorrie - Shettleston Harriers "A"	13:00
10	Douglas Selman - Corstorphine AAC "A"	13:08
11	Mark Pollard - Inverclyde AC "A"	13:08
12	Andrew Butchart (J) - Central AC "A"	13:10
13	Michael Gillespie - Edinburgh Uni "A"	13:10
14	Alexander Hendry (J) - Central AC "B"	13:13
15	John Newsom - Central AC "A"	13:13
16	Chris Foley - Dundee Hawkhill "A"	13:15
17	Dermot Cummins - Corstorphine AAC "A"	13:16
18	Stuart Gibson - Ron Hill Cambus "B"	13:18
19	Amanuel Hagos - Shettleston Harriers "A"	13:19
20	Paul Leck - Kilbarchan AAC "A"	13:21